

Peer Support for Independent Living, ILNS
2009-11

Goal: To provide persons with disabilities opportunities to get together to share knowledge and lived experience, to overcome isolation and to develop social and leadership skills.

Components	Social Events	Board Development	Advisory Committees	Staff Development
<i>Activities</i>	Host three major social events; continue Out and About drop-ins; offer events in safe and accepting environments	Hold regular board meetings with appropriate support (meals, attendants, note-takers, etc.); provide reports for board and board committees; provide board orientation; hold yearly board retreat for long-term planning; conduct regular board training and self-evaluation	Set up advisory committees for major projects; include consumers and other community stakeholders; ensure projects include consumer-directed evaluation	Offer in-house training (e.g., program planning, evaluation); hold regular staff meetings with rotating chairs and note-takers; provide opportunities for staff to share experiences through social and learning activities
<i>Target Groups</i>	Consumers and guests	Board members and potential board members	Staff, consumers, volunteers, community partners	Staff
<i>Responsibility</i>	Staff; volunteers, Out and About co-ordinator	ED and board	ED, project staff, committee members	Staff
<i>Short-Term Outcomes</i>	Consumers can attend at least three social events/year	10 board meetings/year; one retreat; board orientation materials; board training and evaluation as part of every meeting; staff reports provided consistently	Each major project has advisory committee with representation of consumers and other stakeholders	In-house workshops; monthly staff meetings; quarterly social events
<i>Indicators of Success</i>	Numbers of participants; feedback from evaluations and surveys	Meetings; minutes; reports; board resources	numbers of projects with committees; committee minutes	meetings and events; minutes
<i>Long-term Outcomes</i>	Consumers share experiences and make friends; gain confidence in social situations	Board provides strong consumer-directed governance	Consumers develop leadership skills and contribute to program evaluation and planning; ILNS gains broad community input	Staff support each other to gain new skills and meet new challenges