

ENDS POLICIES, ADOPTED APRIL 23, 2008, WITH EXPECTED RESULTS

1.0 There is a strong Independent Living Resource Centre(s) serving Nova Scotians with disabilities.

1.1 The ILRC continues as an accredited member of CAILC/Independent Living Canada.

Expected results, 2008-9

- 1.1.1 ILRC meets CAILC/IL Canada accreditation requirements.
- 1.1.2 ILRC meets CAILC/IL Canada reporting requirements within agreed-upon deadlines.
- 1.1.3 ILRC follows up on CAILC/IL Canada suggestions from accreditation process.
- 1.1.4 ILRC completes requirements for official extension of mandate to all of NS.
- 1.1.5 ILRC has detailed plan for executive director succession.

1.2 The ILRC continues to encourage and enable the self-determination, self-help and full participation of all persons with disabilities in the community.

Expected results, 2008-9

- 1.2.1 ILRC establishes consumer leadership of peer support activities through volunteer or paid co-ordination.
- 1.2.2 Information and Networking program establishes links with four community partners outside HRM to provide consumers with local information and referrals.

2.0 Consumers achieve full community participation.

2.1 Consumers advocate for community improvements.

Expected results, 2008-9

- 2.1.1 ILRC supports at least two consumer-based groups to be effective community advocates.
- 2.1.2 ILRC provides information to consumers on community issues through at least three newsletters.

2.2 Consumers learn to be self-advocates.

Expected results, 2008-9

- 2.2.1 ACEE participants have opportunities to gain self-advocacy skills through workshops and work experiences. ACEE participants receive ongoing feedback on their progress in achieving skills necessary for Independent Living.
- 2.2.2 Self-advocacy is a component of training and support for self-managers and student self-managers.
- 2.2.3 Self-advocacy is a component of workshops and training opportunities in projects re. literacy and healthy eating.

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2.3 Consumers stay healthy and gain IL skills.

Expected results, 2008-9

- 2.3.1 Consumers are invited to at least two learning opportunities/year on issues related to literacy and healthy eating.
- 2.3.2 Information on healthy lifestyles is included in ACEE program and in self-management training.
- 2.3.3 Information on healthy lifestyles appears in newsletter and is available in person at the ILRC.
- 2.3.4 ACEE continues as a means of providing young adults with access to competitive employment and further education.
- 2.3.5 ILRC provides information to the public re. Registered Disability Savings Plans and Registered Educational Savings Plans.

2.4 Consumers have opportunities to get together and learn from each other.

Expected results, 2008-9

- 2.4.1 Drop-ins once/week in fall, winter and spring.
- 2.4.2 Two major social events for consumers and guests, such as gala and picnic.
- 2.4.3 Two additional events such as dances and outings.

2.5 Consumers have access to information to support being self-advocates.

Expected results, 2008-9

- 2.5.1 Strengthened Information and Networking service through extended community partnerships with four organizations.
- 2.5.2 Resource materials acquired re. services outside HRM
- 2.5.3 Regular newsletter, at least three/year
- 2.5.4 Up-to-date website.
- 2.5.5 Consumer access to national services through Virtual Independent Living Centre and ILRC website.
- 2.5.6 Public displays, two/year.

3.0 The Independent Living Resource Centre is well-recognized.

3.1 Persons with disabilities, societies, consumer groups and government come to the ILRC for information

Expected results, 2008-9

- 3.1.1 New brochure
- 3.1.2 Rebranding of the ILRC.
- 3.1.3 Up-to-date information deposited in The Vault, CAILC's national database.

3.2 The ILRC is recognized for its expertise on Independent Living

Expected results, 2008-9

- 3.2.1 At least one conference call with other Atlantic area ILRCs.
- 3.2.2 One example of ILRC co-operation with other regional Centres.
- 3.2.3 A national presentation.
- 3.2.4 Participation in three or more local, provincial and national consultations.
- 3.2.5 Two applications for government funding and service partnerships.
- 3.2.6 Introduction of youth transition programs like ACEE to one other Nova Scotian community.
- 3.2.7 Discussions with a relevant community partner about training for attendants interested in working in a self-managed environment
- 3.2.8 Regular performance reviews to maintain high-quality staff performance.
- 3.2.9 Staff development, provided through in-service training and support for staff to attend courses and workshops as resources permit.
- 3.2.10 Volunteers oriented and supported to be successful in their interactions with consumers.
- 3.2.11 Members of volunteer advisory committees supported to fulfill their roles.
- 3.2.12 Information available for prospective board members, and orientation for new board members.

3.3 Active partnerships extend and enhance ILRC's program, service and research capacity.

Expected results, 2008-9

- 3.3.1 At least 100 diverse community partnerships.
- 3.3.2 Two events or activities offered in partnership with other organizations
- 3.3.3 Support or participation in one community-based research project.

3.4 The ILRC is known for innovation.

Expected results, 2008-9

- 3.4.1 Leading-edge programs continuing in key areas such as self-management, aging, and transition for young adults with disabilities.
- 3.4.2 A request to Department of Health to conduct evaluation of provincial self-managed option
- 3.4.3 A proposal to Department of Health to provide self-management training and support
- 3.4.4 A plan to meet some of the needs of Nova Scotians with disabilities who are aging.
- 3.4.5 Publication and distribution of results of Aging with Disability and Dignity research.

- 3.5 The ILRC is a resource for professionals in training.
 - Expected results, 2008-9*
 - 3.5.1 Volunteer opportunities for at least four professionals-in-training.
 - 3.5.2 One student hired as resources permit.
- 3.6 ILRC membership is broad-based.
 - Expected results, 2008-9*
 - 3.6.1 Low membership fee continues
 - 3.6.2 New members recruited through mailings and displays.
 - 3.6.3 Two new member organizations.
- 4. The public is aware of the strengths of persons with disabilities.
 - 4.1. There is a measured increase in public awareness of Independent Living philosophy.
 - Expected results, 2008-9*
 - 4.1.1 Executive director sets up public awareness committee to monitor media reports.
 - 4.1.2 ED approaches Mount St. Vincent University public relations students about helping us monitor media reports.
 - 4.1.3 Inquiries from public and media are stored in The Vault.
 - 4.1.4 Requests for public displays and presentations are stored in The Vault.
 - 4.1.5 Five news releases and or Public Service Announcements are issued.
 - 4.2 There is a measured increase in public awareness of the achievements of persons with disabilities.
 - Expected results, 2008-9*
 - 4.2.1 See 4.1.1 above
 - 4.2.2 See 4.1.2 above
 - 4.2.3 Funding and volunteer options are explored to enable monitoring of public awareness.
- 5.0 The ILRC has sustainable resources.
 - 5.1 The ILRC has secure, sustainable multi-year operational funding
 - Expected results, 2008-9*
 - 5.1.1 Renewed contract with fund development consultant.
 - 5.1.2 Continuation of fund development committee.
 - 5.1.3 Application to province for operational funding
 - 5.1.4 Contribution to CAILC's funding proposals
 - 5.1.5 Application to CAILC for operational funding
 - 5.1.6 One fundraising event with consumer participation.
 - 5.2 The ILRC has secure, supplementary funding for new program development, innovation, pilot projects and model programs.

Expected results, 2008-9

5.2.1 Two funding proposals for new and ongoing projects to government funding sources.

5.2.2 At least 10 proposals to business and foundation funding sources.